West Division Track Schedule						
Time	**Gr. 7 Girls**	**Gr. 8 Girls**	**Gr. 9 Girls**	**Gr. 7 Boys**	**Gr. 8 Boys**	**Gr. 9 Boys**
10:00 AM	Shot Put	Discus	Javelin	High Jump	Triple Jump	Long Jump
10:00 AM	1500m					
		1500m				
			1500m			
				1500m		
					1500m	
						1500m
10:45 AM	Long Jump	High Jump	Triple Jump	Shot Put	Discus	Javelin
11:00 AM	100m					
		100m				
			100m			
				100m		
					100m	
						100m
11:30 PM	Javelin	Shot Put	Discus	Long Jump	High Jump	Triple Jump
12:00 PM	400m					
		400m				
12:30 PM			400m			
				400m		
					400m	
						400m
12:15 PM	Triple Jump	Long Jump	High Jump	Javelin	Shot Put	Discus
1:00 PM	200m					
		200m				
			200			
				200		
					200m	
						200m
1:00 PM	Discus	Javelin	Shot Put	Triple Jump	Long Jump	High Jump
1:45 PM	800m					
		800m				
			800m			
				800m		
					800m	
2:00 PM	100m Finals					800m
		100m Finals				
			100m Finals			
				100m Finals		
					100m Finals	
						100m Finals
1:45 PM	High Jump	Triple Jump	Long Jump	Discus	Javelin	Shot Put
2:30 PM	4 X 100m					
		4 X 100m				
			4 X 100m			
				4 X 100m		
					4 X 100m	
						4 X 100m
3:00 PM	4 X 400m Open					
		4 X 400m Open				